

WASHINGTON STATE BAR ASSOCIATION

Well-Being Taskforce Meeting Minutes

June 2, 2025-4-5:30pm- [Zoom link here](#)

[Website](#), [SharePoint](#)

Task Force members in attendance: Justin Bingham (Chair), Darcel Lobo, Melissa Berry, Susan Lee, Laura Moss, Kyle Sciuchetti, Sara Smucker Barnwell

Absent: BOG Liason Allison Widney, Raquel Montoya- Lewis, Ghousia Rahim, Michael Finkle, Emily Arneson

WSBA Staff: Adely Ruiz, Dan Crystal, Kevin Plachy

Others: Rachelle Eason, Annasara Purcell, Aaron Paker, Marci Comeau

Minutes

- Welcome
 - Approval of May's meeting's minutes
 - Sara Smucker Barnwell moved to approve the May meeting minutes, with Kyle Sciuchetti seconding the motion. The motion passed without opposition.
 - Justin Bingham informed the members that both the New Member/Law Student and the Private Practice workgroups will reconvene for the month of June. Their goal is to incorporate the survey results into their final report.
 - Four new workgroups, DEI, Judiciary, Regulatory and Member Wellness Programs will begin in July and continue through the end of October.
- Survey Analysis Summary
 - Kevin Plachy summarized survey analysis results.
 - Kevin Plachy also commented on how the workgroup reports will be used to create a final report.
- [Katherine Bender, Ph.D.](#) Suicidologist
 - Spoke to research findings between suicide and trauma
 - Stigma behind mental health, and myths behind suicide
 - Preventative measures for helping others dealing with suicide
- Breakout Rooms for Workgroups focused on finalizing their reports.
- Group Discussion

- Groups reported out their progress with report writing
- Adjourn 5:31pm